

Strengthen Students' Self-Worth and Enhance Their Potential to Communicate, Problem Solve, and Learn



I don't get it!

Written by a dedicated team of teachers from Saint Boniface Elementary School in Cold Spring, Minnesota, and developed in partnership with Top 20 Training and the Master Teacher, the Top 20 **Training SMART Board Curriculum** is a program designed to help students expand their Star Qualities while minimizing negative mental habits.

 Reproducibles to help students apply Top 20 principles in the classroom. Reproducibles

 Master list of related picture books, chapter books, and middle grade novels to give students a common experience while supporting literacy initiatives.

activities to ignite students' curiosity.

Nine Topics — One for Each Month of the School Year for Each Grade Level

- 1. Creating a Culture of Learning: Our #1 job is to help others succeed.

 Students will learn how to show others they matter, how to own problems, and how to develop important listening skills.
- 2. The Line: The Line is a metaphor for understanding our state of mind, moods, or attitudes. Students will learn to recognize when their thinking is serving them well (Above the Line) or is not serving them well (Below the Line) and to become aware of the choices they make.
- 3. Mistakes: Students will understand the importance of learning from mistakes, identify their comfort zones, and celebrate confusion as a natural and necessary step in the learning process.
- 4. The Frame: We can look at the same situation in more than one way. Students will learn to reframe situations in order to see them differently and get better results.
- 5. EQ and Star Qualities: EQ (emotional intelligence) is essential to becoming a successful person. Students will learn about IQ and EQ and how to build upon their Star Qualities or personal strengths.
- 6. OPOs (Other People's Opinions): Students will discuss True Self, define OPOs, and learn how to respond to others' opinions.
- 7. Eliminating Negativity: Students will learn how to eliminate negativity in their thinking (thought circles) and in their communication with others (tornadoes).
- 8. Conflict Resolution: Students will learn how to respond to conflict in a positive way in order to achieve what is beneficial for others and themselves.
- 9. Know How We're Smart: Students will recognize that people are smart at different things and learn how to respond if they aren't good at something.

All grades follow the same topic calendar so that kindergarteners through sixth graders can learn the TLC concepts at the same time and build upon one another so students can deepen their understanding of Top 20 as they advance through elementary school.

95%

of teachers saw positive changes in students' behavior, attitudes, or self-esteem while using this curriculum.*

* Responses given by teachers, counselors, and administrators of Custer School District (SD) who participated in a special pilot program of this curriculum.



What do you get?

- Binder containing printouts of the grade-level lesson plans, SMART Board slide thumbnails, reproducibles, and supplementary materials.
- USB flash drive containing all digital files, including the SMART Notebook files and Word and PDF versions of the lesson plans, reproducibles, and supplementary materials.
- Permission to copy and customize the materials in the binder and on the USB.
- Top 20 Teachers Book.
- Top 20 Teens Book.

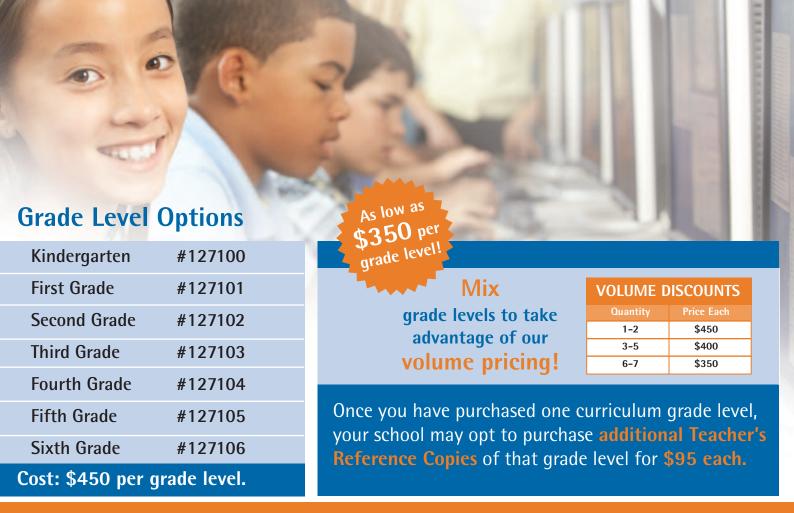
What I like about Top 20 is that staff are coming together and using similar language as we model for kids.

I love coaching kids on how they are smart. And it does make a difference in creating those productive dispositions in our classrooms.

Students are learning how to manage their own behaviors better and are able to reframe their thinking.

It gave us the language to use to be more positive and stay Above the Line. Being a grown-up is not easy. Being a kid is not easy. Top 20 helps us learn together how to see life through a positive lens.







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